

moments in
mindfulness



www.momihotel.com



Moments Spa


momi
SLOW LIVING HOTEL

AROMATIC RELAXING MASSAGE | 30' / 45€ - 60' / 75€

A tailor-made head to toe aromatherapy massage using a blend of gentle to firm techniques combined with organic essential oils from Greek aromatic plants. This harmonizing experience is a simple and effective way to release tension, balance emotions, increase calmness and emotions and enhance the mind and body connection.

HEAD & FACE | 20' / 40€

A treatment that embraces the facial and head muscles with a combination of delicate movements for a relaxing and enveloping massage. Warm, organic massage oil gives an irresistible touch of relaxation that prepares you for a restful sleep.

FOOT MASSAGE | 25' / 40€

In this relaxing massage, special reflex points of the soles of the foot are stimulated to enhance and tone the immune and nervous systems. This treatment is combined with a rejuvenating foot scrub to give the ultimate sense of freshness.

MUSCLE RELEASE | 45' / 75€ - 60' / 90€

This deep release technique is a therapeutic, anti-inflammatory and deeply energizing treatment. Trigger points on the body are stimulated to unblock tensed muscles and restore blood circulation. This massage is highly recommended after intense workout sessions.

MELTING CANDLE MASSAGE | 60' / 80€

This ultimate experience eliminates stress both from your body and your spirit. This head-to-toe treatment combines the healthy nourishment of the organic Greek soy candle and the healing benefits of a gentle massage. As the organic Greek soy candle melts, it turns into warm oil that soothes and moisturizes the skin.

MELI VITAL HYDRATION FACIAL TREATMENT | 60' / 70€

Experience ultimate rejuvenation and deep hydration with a treatment dedicated to the richness of local flavors and aromas. Feel your skin become soft and supple, revealing an immediately healthy and radiant appearance.

ONE MILLION NIGHTS TREATMENT

105' / 120€

A bundle of exotic flowers, in which Iris is the star, unfolds through this luxurious treatment. Let your body unwind while your senses travel in the most exotic garden, on a perfect summer night. This treatment aspires to offer your skin the most velvet feeling, with long lasting Iris flower aromas.

MANI-PEDI

Spa Manicure / Pedicure | 30€ - 35€

Long Lasting Manicure / Pedicure | 40€ - 45€

Polish Only / Remove Long Lasting | 15€

Acrylic / Hard Product Removal | 25€

